

# Ceremonial Cacao



This 13 Moon Journey is designed in such a way that you learn about Ceremonial Cacao experientially in The Sunday Service Live Zoom Calls. (All calls are recorded)

The first 30min of The Call holds a lot of keys with regards to CREATING Ceremonial Cacao.

It is very important to note that there are 2 parts to any Cacao Ceremony.

1.

Creating Ceremonial Cacao in Ceremony

2.

Journeying with The Ceremonial Cacao in Ceremony.

Our 90min Zoom Calls are divided into 3 parts

30min Creating Ceremonial Cacao

30min Journeying with Ceremonial Cacao

30min Sharing Medicine and Prayer

Every Cacao Ceremony is held with The Intent of The Current Clan Mother.  
Shanti Bluebird will guide the process.

**Here are 3 Things you are asked to Prepare before Each Cacao Ceremony:**

1. Rainbow Ingredient

2. Melting of Cacao

3. Preparing Sacred Space

# 1. Rainbow Ingredients



7 Colours + Black & White

The Artist in us is invited to Create.  
These 9 Ingredients will become our Herbal Allies.  
You are Invited to Gather Your Cacao Medicine Basket.  
Feel & Listen Deeply to your 9 Ingredients.

Please gather these Ingredients before our first Cacao Ceremony.  
Ideally, gather them in these 9 days of Orientation.  
When you have all your ingredients collected, store them in Glass Jars  
& Share their Rainbow Beauty with us in The Telegram Sharing Circle.

Here is some Inspiration:

## Red:

Chilli  
Cayenne  
Rose Petals

## Orange:

Orange Cayenne  
Dried and Powdered Organic Orange Peels  
Calendula Petals

## Yellow

Tumeric

Calendula Petals  
Sunflower Petals  
Bee Pollen

**Green**

Moringa  
Mint

**Blue**

Bluebell Flowers  
Blue Green Algae

**Indigo**

Rosemary  
Lavender

**Violet**

Violet Flowers  
Bright Pink Rose  
Himalayan Salt

**Black**

Activated Charcoal  
Molasses

**White**

Sea Salt  
White Rose  
Jasmine

You can have more than 1 ingredient per colour.

If you plan to store herbs, make sure they are able to dry out without getting mouldy.

You are Welcome to use fresh ingredients for small batches of cacao.

You might have all 9 colours and the 1 of The Clan Mothers could ask for a completely unique ingredient.

There is no one right way.

And each of our Rainbow Mixes will be unique.

Have Fun

In Joy

Invite your Inner Child of Mother Earth to Play.

**For Sweet you can use:**

Honey  
Coconut Blossom Sugar  
Maple Syrup  
Stevia

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## 2. Melting of Cacao



Before every Sunday Service Cacao Ceremony via Zoom, you are asked to melt your Cacao.

~Start 30min before The Zoom Call

~I advise to start with Small Batches.

Melting 100gm at a time will be just perfect.

We wont eat all 100gm during the call, but its nice to make some little chocolates to enjoy in the days afterwards too.

~Here is Video on how to best melt your Cacao Paste/Liquor

[https://www.youtube.com/watch?v=JJpGHf0\\_Dro](https://www.youtube.com/watch?v=JJpGHf0_Dro)

Please contact me with any questions you have.  
I am here for your support.



### 3. Setting Up Sacred Space



While Your Cacao is Melting.

~Dress For Ceremony!

Yes, even for a Zoom Call! This is important because you are part of The Honouring

~Collect Items to place around you. An Altar for The Current Clan Mother & Cacao. This can be a Crystal, a Card from your Fav Oracle, a Candle, Smudge Stick and The Colour of The Clan Mother. Be Creative and Have Fun.

~Have your Rainbow mix Ready and your Sweet.

~A Spoon

~A Glass of Water

~Lastly Bring Your Melted Cacao, you can keep her nested inside the Warmth of The Pot to keep it Melted

