

1. Do you recognize Strong Anxiety within yourself?

2. Do you have a High Blood Pressure Condition?

3. Do You have any Heart Conditions, like irregular heartbeat?

4. Do you have gastroesophageal reflux disease (GERD)?

5. Do you have Irritable Bowl Syndrome (IBS)?

6. Do you have Weak Bones or Osteoporosis?

7. Are you going into Surgery within the next 2 weeks?

8. Do you take any Pharmaceuticals or Natural Remedies on a regular basis?

9. If Yes, Please Specify:

10. Cacao can act as a Detoxifier.

Detoxing Symptoms may include but not limited to: Nausea, Diarrhea, Headache, Sleeplessness...

It is very important to follow Shanti Bluebird's Preparation Guidelines:

No Dairy for 24hours before Ceremony
No Coffee for 24hours before Ceremony
Drink Lots and Lots of Water Before, During and After The Ceremony.

Hereby you acknowledge that you have filled in this questionnaire in absolute truth for the best of your health.

You acknowledge that you are responsible for your own health and to act on the best behalf of yourself.

You acknowledge that Chantell Dysel of Shanti Bluebird Cacao can not be held responsible for any liabilities that may occur before during or after The Ceremony.

This form is for your own Health and via this we have created the awareness of our body in relationship with Ceremonial Cacao.

Do You Agree?

11. What is Your Full Name

12. Date